







Supported by





#### ARTS&HEALTH BY JURONGHEALTH CAMPUS

Arts $\delta$ Health by JurongHealth Campus started in 2014 with a mission to integrate different art forms into healthcare and community settings for therapeutic, educational and expressive purposes to create a healing environment and experience for our patients, families, visitors and staff. Harnessing the collective creativity of local artists, performing groups and volunteers, Arts $\delta$ Health aims to connect and build partnership to foster a healthy and caring community in the west.

Contact us: JHCampus\_artsandhealth@nuhs.edu.sg





Groove to the energetic beats, join in the musical fun and sing-along with local musicians as they treat you to their renditions of familiar favourites and their own compositions.

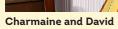
20 - 22 September, 12.15pm - 3.30pm, Link Bridge and Wards





Heartstrings





Kindermusik



Asher Mendelsohn







AFTERGLOW



Zip Zap Zoom Collective





## **Tote-Bag Art Jamming**

NTFGH, Tower A, Level 2 (Next to Subway)

 SESSION 1
 SESSION 2

 20 September
 21 September

 11.30am - 1pm
 11.30am - 2pm

The activity requires 15 – 30 minutes. Up to 60 participants per session, one bag per person. No registration required.

Create your very own one-of-a-kind canvas tote bag. Be sure to show off your unique bag at your next grocery run! Art materials, assorted designs and tote bag provided or B.Y.O cute designs and doodle away!



## In Moving & Grooving Company

by Howone JCH, Tower C, Wards

20 September 3.30pm – 5pm

Bask in the presence of good cheer and vibes, and get ready to bond with the joy of movement! Led by Denise, a dance facilitator, patients will unleash their inner dancer, sway to the rhythmic music and interact with one another in this creative dance and movement sessions!





## Colours of Joy: Nagomi Art

by Hui Ting of Quirkyting Art Studio NTFGH, Tower A, Level 2 (Next to Subway)

21 September Limited to 15 pax per session. SESSION 1 12.15pm – 1pm

**SESSION 2** 1.15pm – 2pm

Relish in a quiet me-time to relax, and discover the inner artist in you through pastel Nagomi Art and experience the ultimate joy of creating your own little bookmark.

Register here for these 2 events





# Fun with Paper Pets!

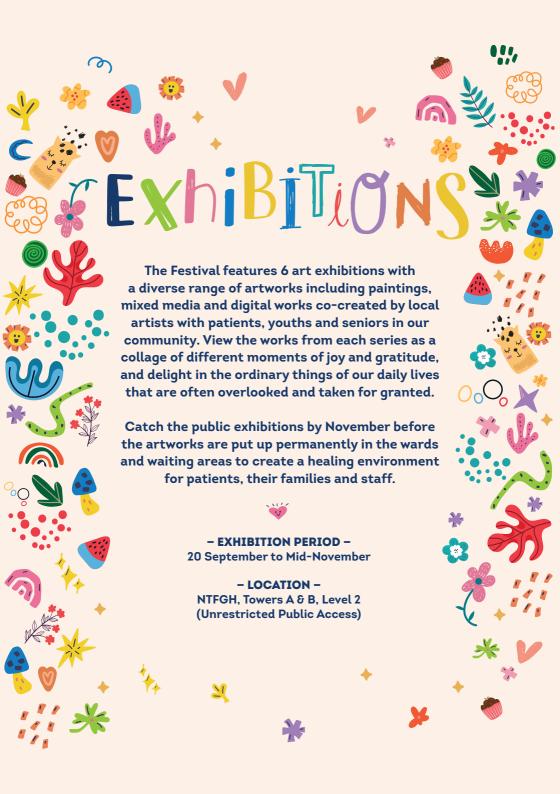
by Cheryl Teo of LULO Paper Studio

NTFGH, Tower A, Level 2 (Next to Subway)

22 September Limited to 15 pax per session. SESSION 1 12.15pm – 1pm

**SESSION 2** 1.15pm – 2pm

Learn to make a paper sculpture from local paper artist and put your own spin on your very own little companion pet in this workshop!





## Collection of Happiness

by artist Fish Jaafar, youths and seniors from REACH Community Services and residents of Hong Kah North

First exhibited at Block 417 Bukit Batok West Ave 4

Take a peek into pockets of happiness filled with stories and visual quirks, just like the neighbourhood of Hong Kah North. The colourful series is an assemblage of happy memories that hold a special place in the hearts of the residents. Each panel tells a story of a joyous place, time, or moment – in some, even evoking shared experiences that would bring a smile.



## Precious Moments

by artist Teo Huey Ling, patients of JCH, and seniors from Loving Heart Multi-Service Centre (Jurong); with pom-pom sculptures contributed by staff, volunteers and art practitioners

This mesmerising series comprises an installation of suspended pom-pom sculptures and a collection of felt portraits of people, pets, sceneries, and food. It evokes a sense of happiness and positivity that allows viewers to contemplate, appreciate and treasure the cherished moments and personal memories in life.



#### To Pause

by artists Catherine Chong and Karen Koh, and residents of Bukit Batok

As we constantly move from place to place, do we still recall and remember the little moments associated with these places that we have visited? The artist duo invites you to take a closer look and pay attention to the beautiful parts of everyday life encapsulated in each tiny soft clay models.



## Art Outside of the Box

by artist and NTFGH caregiver, Anja Elstner

Artworks are available for sale.

All proceeds will be donated to JurongHealth Fund to support patient care, community health and medical education.

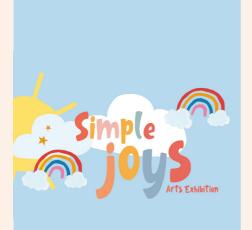
Discover how seemingly mundane materials like discarded cardboard boxes can evoke wonderful memories. Turning the recycled cardboard boxes into creative joy, let artist and caregiver, Anja Elstner, take you on a colourful journey inspired by her travel tales, pandemic experience and international house moves following her return home to Singapore from Hong Kong.



### Portr**AI**ts: Small Things That Matter

by Art Therapist Lee Sze-Chin and his art collective, Kronoscapes, in collaboration with patients from JCH

Relive the happiest memories of yesteryears that brought joy and meaning to our patients with dementia. Immerse yourself in their stories from their younger days and cherished time spent with family, recalled, reminisced and reimagined with the aid of Artificial Intelligence (AI). Bring a small special moment from the past into the present, and savour every bit and sensation relating to the memory once again.



### Simple Joys Arts Exhibition

A showcase of shortlisted entries from Simple Joys Arts Competition

Discover the small wonders of ordinary and seemingly routine aspects of everyday life, expressed through drawings, photography, paintings and poems selected from over 100 entries to Simple Joys Arts Competition, from participants as young as 5 years old.

Vote for your favourite! Public votes will make up 20% of the total score.

Voting ends on 23 October 2023, Monday.

#### **PERFORMANCES**

20 - 22 September, 12.15pm - 3.30pm Link Bridge and Wards

#### **WORKSHOPS**

NTFGH, Tower A, Level 2 (Next to Subway)

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20 September 21 September 11.30am - 1pm 11.30am - 2pm

### • Colours of Joy: Nagomi Art

by Hui Ting of Quirkyting Art Studio

21 September 12.15pm - 2pm

#### • Fun with Paper Pets!

by Cheryl Teo of LULO Paper Studio

22 September 12.15pm - 2pm

JCH. Tower C. Wards

### • In Moving & Grooving Company\*

by Howone

20 September 3.30pm - 5pm

#### **EXHIBITIONS**

20 September to Mid-November NTFGH, Towers A & B, Level 2 (Unrestricted Public Access)

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by artist Fish Jaafar, youths and seniors from REACH Community Services and residents of Hong Kah North

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