

Acute Pain Services

For more information

Ng Teng Fong General Hospital and Jurong Community Hospital

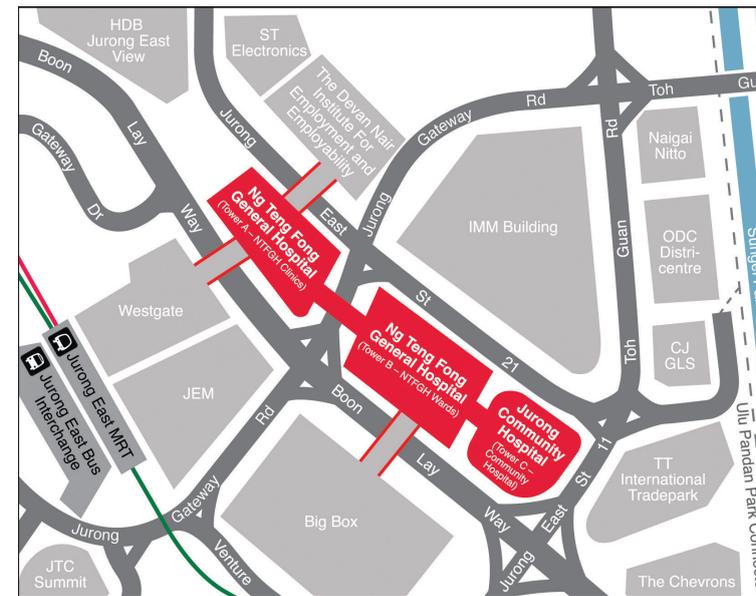
1 Jurong East St 21, Singapore 609606
 General enquiries: 6716 2000 Fax: 6716 5500
 www.juronghealth.com.sg

Clinical and appointment line hours (closed on Sundays and public holidays)

For appointments, please call 6716 2222
 Monday - Friday 8.00am - 5.30pm, Saturday 8.00am - 12.30pm

For dental appointments, please call 6716 2233
 Monday - Thursday 8.00am - 5.30pm, Friday 8.00am - 5.00pm

Getting there



By train

Jurong East MRT Station

By bus

From Jurong East Bus Interchange

SBS 51, 52, 66, 78, 79, 97, 97e, 98, 98M, 105, 143, 143M, 160, 183, 197, 333, 334, 335, 506

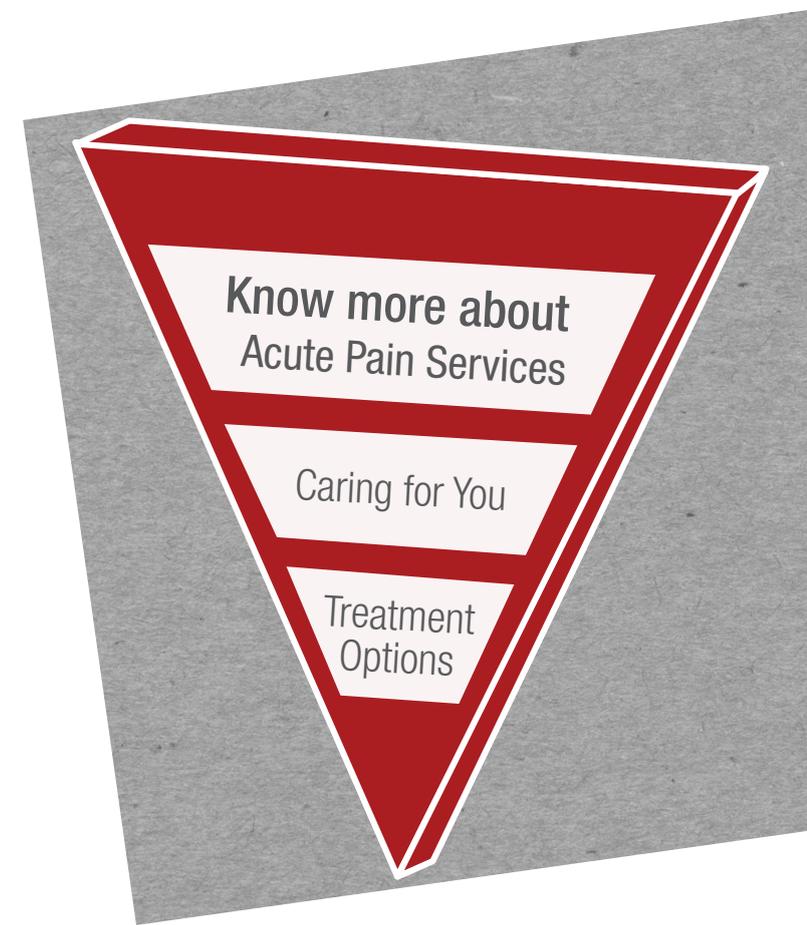
Along Boon Lay Way

SBS 99, Private bus service 625

Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition.

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The Anaesthesia department comprises doctors and nurses, whose primary role is to ensure a safe and pain-free journey for patients undergoing surgery. An anaesthesia specialist keeps a close watch over every patient in the Operating Theatre, offering patient care from pre to post-surgery. Our anaesthetists also support the Intensive Care Unit and Pain Service.

What is acute pain?

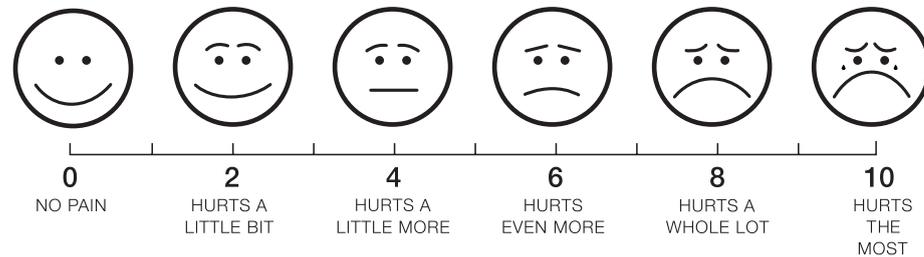
Pain is the most common symptom you will experience after an operation. Acute pain occurs suddenly and is caused by an impact or injury. Acute pain gets better as your wound heals but proper management is important to help you manage it well.

Caring for you

JurongHealth's team of dedicated healthcare professionals comprising specialist anaesthetists, anaesthetic medical officers and acute pain specialist nurses helps you ease your pain and recover quickly and comfortably. This service is offered to patients around the clock, every day of the week. We visit you daily, treat your pain and involve you in every aspect of pain management.

What will I feel?

The best way to determine your level of pain is to hear it from you. How painful do you feel when you walk as compared to when you rest? Please refer to the pain assessment scale below to measure your pain:



Treating your pain

The following will be done to determine the best treatment for you:

- Pre-operative assessment and planning: done at the clinic or ward
- Specialist techniques, which include:
 - intravenous patient-controlled analgesia (pain relief which can be administered by the patient as a controlled dosage)
 - peripheral nerve analgesia (pain-relieving medicine delivered directly to the nerves to control the injured area)
 - epidural analgesia (pain-relieving medicine delivered to the spine)



Example of intravenous patient-controlled analgesia

How can you help us?

- Inform us if you are on pain-relieving medication
- Let us know if you experienced any side effects or allergies from taking pain-relieving medications previously
- Share with us the effectiveness of earlier pain-relief medication
- Inform us of any concerns you have

- Medicine in the form of tablets, syrups and injections customised to treat mild, moderate or severe pain
- Medicine to prevent nausea and sickness
- Medicine to prevent/treat constipation