

Podiatry Services



The Podiatry department treats and manages various foot-related conditions, such as pain in the lower limb, walking abnormalities and management of skin and nail conditions of the foot, for patients. Our podiatrists, together with a multi-disciplinary team of sports physiotherapists, orthopaedic surgeons and vascular surgeons, ensure our patients receive holistic and coordinated care for their feet.

What is podiatry?

Podiatry is the study, diagnosis and treatment of disorders in the foot, ankle, and lower limbs.

Our podiatrists care for patients with foot and lower limb problems in both inpatient and outpatient settings. Treatment and management plans are developed after careful assessment and collaboration with other disciplines.

Our services include:

- Assessment and advice on proper footwear
- Assessment and treatment of foot problems
- Biomechanical assessment of foot function and abnormalities during walking and running
- Foot care and management of patients with diabetic ulcers
- General foot care
- Management of skin and nail conditions of the foot such as fungal infections, corns and calluses
- Provision of functional and accommodative orthoses



Diabetes foot care and foot screening

Patients with diabetes face a higher risk of developing foot problems. Through careful assessment and evaluation of the foot or wound conditions, our podiatrists help to identify a patient's diabetic foot risks and needs to treat them accordingly. We also offer advice on suitable footwear, self-care and appropriate dressings to help patients manage foot problems better and prevent further complications.

Services include:

- Annual diabetic foot screening
- Footwear advice
- Regular podiatric foot care for diabetic patients
- Treatment for lower limb wounds



Foot pain

Patients experiencing pain in their lower limb during exercise or at rest can arrange to have a consultation at our clinic for a Biomechanical assessment.

The Biomechanical assessment includes:

- Assessment of your foot and lower limb
- Assessment of your walking gait and standing posture
- Evaluation of daily activities and how they impact your feet

Frequently asked questions

What should I bring along to a consultation or assessment at the Podiatry clinic?

Please bring your own footwear as well as previous insoles and medication(s) for your feet.

What should I wear when I visit the Podiatry clinic?

Please wear/bring along a set of clothes that will not restrict your movement as your arms and legs will be reviewed at these sessions. T-shirts and shorts are preferred.

What is the duration of each treatment?

The exact duration of each treatment varies from patient to patient. On average, each treatment will take approximately 30 minutes.



Notes:

For more information

Ng Teng Fong General Hospital and Jurong Community Hospital

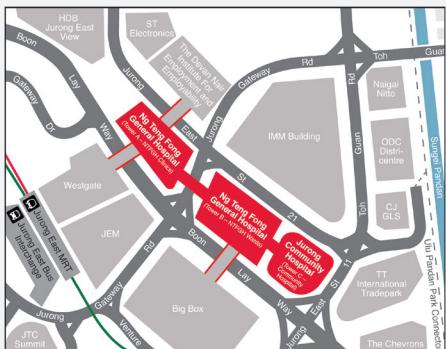
1 Jurong East St 21,
Singapore 609606
General enquiries: 6716 2000 Fax: 6716 5500
www.juronghealth.com.sg

Clinical and appointment line hours (closed on Sundays and public holidays)

For appointments, please call 6716 2222
Monday - Friday 8.00am - 5.30pm,
Saturday 8.00am - 12.30pm

For dental appointments, please call 6716 2233
Monday - Thursday 8.00am - 5.30pm
Friday 8.00am - 5.00pm

Getting there



By train

Jurong East MRT Station

By bus

From Jurong East Bus Interchange

SBS 51, 52, 66, 78, 79, 97, 97E, 98, 98M, 105, 143, 143M, 160, 183, 197, 333, 334, 335, 506

Along Boon Lay Way

SBS 99, Private bus service 625

Jurong Medical Centre

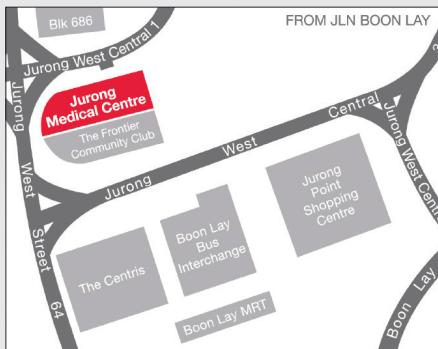
60 Jurong West Central 3,
Singapore 648346
General enquiries: 6716 2000 Fax: 6551 7999
www.jmc.com.sg

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Getting there



By train

Boon Lay MRT Station

By bus

SBS 30, 79, 154, 157, 174, 179, 181, 182, 192, 193, 194, 198, 199, 240, 241, 242, 243 W/G, 246, 249, 251, 252, 254, 255, 257, 405

SMRT 172, 178, 180, 187

Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition.