



# Jurong Community Hospital

# About Us

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Jurong Community Hospital was built from the ground up with Ng Teng Fong General Hospital as one integrated healthcare hub. It provides post-acute and rehabilitative care for patients and safely integrates them back into the community.

As part of the National University Health System (NUHS), we are committed to putting people at the centre of everything we do. We care for each other and everyone we serve to deliver Incredible Care and Health Together.

## Our Multi-disciplinary Team

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- Physicians include family physicians with special interests and training in rehabilitation and community geriatrics, rehabilitation medicine specialists, geriatricians, and generalists
- Visiting specialists
- A team of specialised and trained nursing staff to meet the different needs of patients
- Therapists (occupational therapists/physiotherapists/speech therapists)
- Medical Social Workers
- Pharmacists
- Other healthcare staff, including dietitians, podiatrists, etc

Our multidisciplinary team of doctors, nurses, therapists, social workers, pharmacists, care coordinators, and allied health staff works together to provide holistic care to patients and the community.

## Our core services:

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- Inpatient rehabilitation
- Inpatient sub-acute care
- Geriatric/Dementia Care
- Stroke rehabilitation
- Outpatient rehabilitation
- Caregiver support/training
- Wound care
- Post-surgical rehabilitation

Through close collaboration with Ng Teng Fong General Hospital, Jurong Community Hospital shares the same clinical information and expertise to offer better all-around care to patients.

We also partner with community healthcare providers to ensure patient care extends beyond inpatient stays to integration within the community with outpatient clinical and therapy services for continued post-discharge care.



## Inpatient rehabilitation

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The multidisciplinary team, led by doctors, will address each patient's medical, functional, emotional, and psychological needs.

Our rehabilitation team comprises occupational therapists, physiotherapists, and speech therapists. Through careful and in-depth assessments, they will provide individualised rehabilitative exercises, including the use of new technologies and advanced equipment suitable for each patient's unique needs to maximise functional recovery and reduce patients' dependence on caregivers after discharge. The service also includes the prescription of aids/appliances, home visits/modifications, and community integration.

The period of stay for rehabilitation is usually about two to three weeks.

# Inpatient sub-acute care

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Sub-acute care is comprehensive inpatient care designed for individuals after an acute illness, injury, or exacerbation of disease. It requires an additional short-term period of medical stabilisation, nursing, and therapy-focused care.

The sub-acute patient is typically transferred from an acute hospital where the patient has no acute care needs. In many patients, continual treatment and monitoring are needed before discharge.

The length of stay for sub-acute conditions may range from two weeks (typical) to three weeks, depending on the patient's conditions and whether there are other medical conditions.

# Caregiver support

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Medical Social Workers (MSW) aim to serve patients, their families and the community in a holistic, patient-centric and integrated manner to ensure their psycho-social well-being. They work closely with the Medical, Nursing and Allied Health teams to provide integrated and holistic care to patients. Counselling is available to caregivers to assist in caregiving duties.



# Outpatient rehabilitation

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The Outpatient Rehabilitation department provides services to assist patients experiencing a decline in physical function due to injury, illness or upon discharge from a hospital. A range of goal-specific individual and group therapy programmes are available to improve patient's quality of life.

A therapy gym with a comprehensive range of equipment will support patients' rehabilitation and integration needs and prepare them to return to the community. A team of experienced therapists will guide patients through exercises.

An outdoor mobility park located next to the Outpatient Rehabilitation further allows patients to practice on different terrains, slopes, and stairs and familiarise themselves with riding public transport through life-sized mock-ups of a taxi, bus, and MRT train carriage. This will help patients integrate into their communities after discharge.



On Level 2, located within the link bridge connecting NTFGH and JCH, is the LIFE (Linkbridge Functional) Hub. The LIFE Hub consists of a homecare solutions pharmacy, a mock-up of a HDB unit with modification ideas and a training room. Visitors and patients can find useful information and equipment at the LIFE Hub to support them on their care and recovery journey.



# Signature programmes

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## Driving Assessment and Rehabilitation Services (DARS)

The Driving Assessment and Rehabilitation Services (DARS) was initiated in February 2017. The service aims to enable patients to return to driving competently & safely with professional assessment and rehabilitation services, providing necessary recommendation(s) for vehicle modification specific to individual's need. Access to the service requires a medical professional referral.

## Personal Mobility Aids (PMA) Assessment

Motorised wheelchairs and scooters are Personal Mobility Aids (PMAs) which enable individuals to perform their instrumental activities of daily living with greater ease and safety increasing social participation and encouraging community integration. At JCH, we provide Personal Mobility Aid (PMA) assessment and training to our patients. Following which, recommendation for the PMA suitable for individual's needs is prescribed. Subsidies to purchase a PMA is subjected to household means testing.

## Useful links:

Visiting hours for  
Jurong Community Hospital:



Our Pharmacy is now  
online on Lazada!



## Jurong Community Hospital

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OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: [contactus@nuhs.edu.sg](mailto:contactus@nuhs.edu.sg)

OneNUHS Appointments: [appointment@nuhs.edu.sg](mailto:appointment@nuhs.edu.sg)

[www.jch.com.sg](http://www.jch.com.sg)



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