

# Welcome to the Mobility Park



Jurong Community Hospital is the first community hospital designed and built from ground-up with regional hospital, Ng Teng Fong General Hospital. It provides post-acute and rehabilitative care for patients to transit them safely back into the community.

The Mobility Park at Jurong Community Hospital is an outdoor rehabilitative facility set in a lush garden purpose-built to provide patients with seamless and coordinated rehabilitation in a safe environment. A first of its kind in Singapore, it features a life-like simulated environment to patients.



-  Simulated streetscapes with pedestrian crossing, traffic light, walkways, ramps, etc.
-  Life-sized public transport mock-ups of a bus, train cabin and taxi.
-  Sensory garden for patients to look, touch and smell a variety of plants.



A decommissioned taxi, low-floor bus mock-up and a life-sized mock-up of part of a train cabin was sponsored by SMRT Corporation Ltd to mirror familiar streetscapes. There is also a bus stop and waiting bay to help patients familiarise with the outdoor environment.

Patients and caregivers can learn to rehabilitate safely under the guidance of trained therapists to expand their mobility ranges, overcome barriers associated with riding the public transport, and use assistive aids such as the walking frame, crutches or wheelchairs to regain confidence to stay active and mobile after discharge.



## Unique Features

- Life-sized public transport mock-ups comprising a bus, train cabin and taxi equipped with handicap and elderly-friendly features such as the wheelchair assistant button and a dedicated wheelchair access, help patients learn to get on and off the public transport safely.
- Simulated streetscapes that mirror the outdoors such as a pedestrian crossing, traffic light, walkways, ramps, stairs and the different terrains to familiarise patients with different environments to reintegrate back to the community.
- A sensory garden home to special herbs allows patients to look, touch and smell a variety of plants.



Patients learn to use wheelchair-friendly features in public transport such as the MRT train

**Notes:**



## For more information

### Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

General enquiries: 6716 2000 Fax: 6716 5500

[www.ntfgh.com.sg](http://www.ntfgh.com.sg)

### Clinical and appointment line hours (closed on Sundays and public holidays)

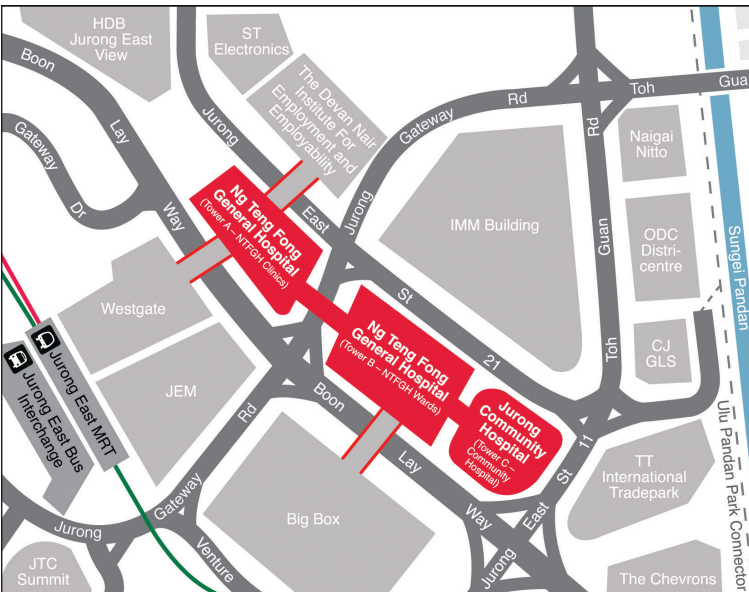
For appointments, please call 6716 2222

Monday - Friday 8.00am - 5.30pm, Saturday 8.00am - 12.30pm

For dental appointments, please call 6716 2233

Monday - Thursday 8.00am - 5.30pm, Friday 8.00am - 5.00pm

## Getting there



### By train

Jurong East MRT Station

### By bus

#### From Jurong East Bus Interchange

SBS 49, 51, 52, 66, 78, 79, 97, 97e, 98, 98M, 105, 143, 143M,

160, 183, 197, 333, 334, 335, 506

#### Along Boon Lay Way

SBS 99, Private bus service 625

### Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition.

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