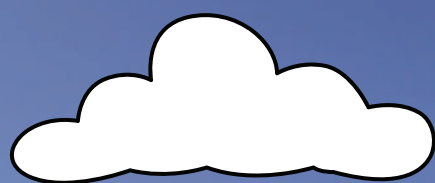


ARTS & HEALTH PRESENTS
SONGS
&
STORIES

1 - 7 OCTOBER 2026
VARIOUS LOCATIONS IN
NTFGH & JCH

**FREE
ADMISSION**



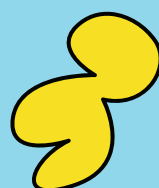


DISCOVER HOW STORIES CAN BE HELD IN SONGS, ARTWORKS AND SHARED MOMENTS IN ART-MAKING.

Step into **Songs & Stories**, an inspiring celebration of art, music and human connection at this year's Arts&Health Festival. Through an eclectic mix of live performances, creative workshops and art exhibitions, the festival brings patients' stories to life, offering moments to pause, listen and reflect.

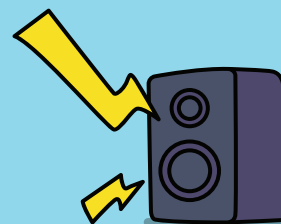


Throughout the week, specially curated music will fill the hospitals, transforming public walkways and wards into spaces of shared joy. From heartfelt songs to upbeat performances by talented seniors, students and staff, each day offers a fresh playlist, bringing warmth and good vibes to our healing spaces.



Gather your friends and explore our hands-on workshops. Sing your heart out to a Broadway favourite in a lively, feel-good vocal session inspired by Pub Choir. Prefer a quieter moment? Slow down and craft a one-of-a-kind keepsake or discover how the art of storytelling can give shape to memories, ideas and emotions.

At the heart of **Songs & Stories** are the lived experiences, voices and creativity of our patients. Join us to celebrate the stories they share, the memories they hold, and their creative expressions that remind us of what we have in common.



Arts&Health by JurongHealth Campus

Arts&Health by JurongHealth Campus started in 2014 with a mission to integrate different art forms into healthcare and community settings for therapeutic, educational and expressive purposes to create a healing environment and experience for our patients, families, visitors and staff. Harnessing the collective creativity of local artists, performing groups and volunteers, Arts&Health aims to connect and build partnership to foster a healthy and caring community in the west.

Find out more





EXHIBITIONS



Featuring two art showcases that bring together a diverse range of artworks co-created by artist and students, patients from Jurong Community Hospital (JCH), and their caregivers. Explore how patients' stories, experiences and perspectives take shape through art and collaboration, and catch the public exhibition by 28 December.



1 October – 28 December 2026

Location: NTFGH, Towers A & B, Level 2
(Unrestricted Public Access)



Touchstones: Art Rooted in Memory and Story

An exhibition celebrating an ongoing arts-in-health collaboration between Ng Teng Fong General Hospital (NTFGH), Jurong Community Hospital (JCH) and the Nanyang Academy of Fine Arts (NAFA), University of the Arts Singapore (UAS).

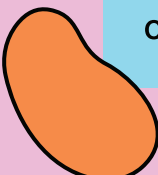
Shaped through an Artist-in-Residence Programme with senior patients, including those living with dementia, the exhibition brings together co-created and artist-led works inspired by the patients' memories, interests and lived experiences. At the opening, NAFA performing arts students present A Suitcase of Memories, an interactive performance that brings these stories to life through shared moments of reflection, participation and connection. Together, the exhibition and performance highlight how sustained engagement among patients, healthcare professionals, artists and students can nurture self-expression, reminiscence and wellbeing, while affirming each patient as an individual with a rich and meaningful life story.



Sweet Memories of Singapore

by m52 of Ngee Ann Polytechnic, with patients of Jurong Community Hospital

Discover a vibrant collection of paper mosaics inspired by Singapore's beloved food culture and iconic shophouses. Through familiar flavours and everyday memories, the exhibition celebrates stories of heritage, connection, and community – reminding us how small moments can come together to create something truly meaningful.

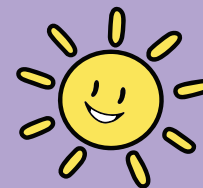




PERFORMANCES



Let each day unfold through songs and live music, as cherished memories return, new stories emerge, and our community comes together in the joy of shared moments.



1 – 7 October, 12pm – 7pm
NTFGH Link Bridge, Lobby and Wards

**1 Oct,
Thurs**



Songs of Nostalgia

by TenTation

For Public

12:30pm – 1:30pm
Opposite Ya Kun Kaya Toast
NTFGH, Tower A, Level 2

2:30pm – 3:30pm
NTFGH Ward

For Inpatients

Step back in time with a delightful mix of English, Chinese and Malay pop and jazz classics from the 1940s to the 1970s. Performed by a passionate vocal group of retirees, these beloved songs invite us to revisit cherished memories, share stories, and celebrate the joy of music together in honour of the International Day of Older Persons.



A Suitcase of Memories

by Student Artist from NAFA, UAS

3:30pm – 4:30pm
Community Hub
JCH, Tower C, Level 1

For Inpatients

Open a suitcase of memories and discover stories shaped by our patients' lived experiences. Through movement, sensory elements, storytelling, and song, this immersive performance invites us to connect, remember, and see the world through their eyes.



2 Oct,
Fri



Golden Oldies

By Do-Re-Mi & Friends 多美丽

1pm – 2pm
Opposite Ya Kun Kaya Toast
NTFGH, Tower A, Level 2

Get ready to cha-cha down memory lane with Do-Re-Mi & Friends as they return to our Link Bridge stage! Enjoy live music, beloved oldies, and great vibes as they bring these timeless tunes to life.



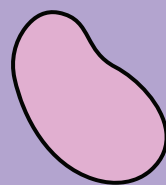
Many Songs, One Voice

by Voices of Singapore – VOS Men and VOS Ladies

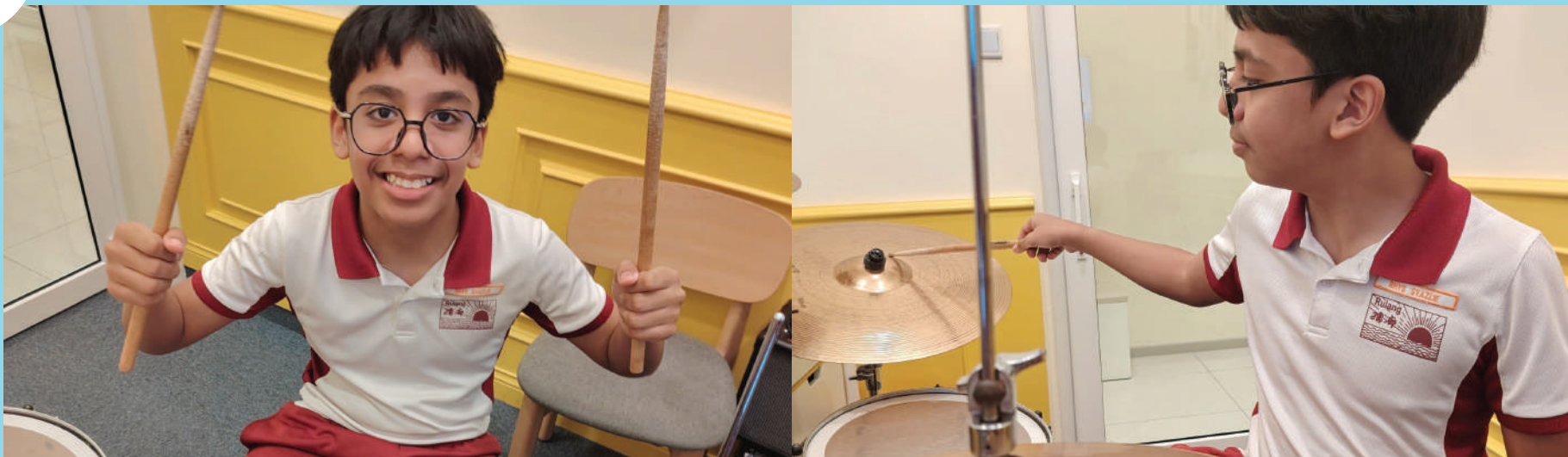
6pm – 7pm
Community Hub
JCH, Tower C, Level 1

For Inpatients

Delight in an evening of beloved classics in rich vocal harmonies, and sing along to the timeless favourite Rose, Rose I Love You.



5 Oct,
Mon



Midday Music

By Rulang Primary School

12:30pm – 1:30pm
Opposite Ya Kun Kaya Toast
NTFGH, Tower A, Level 2

Catch young talents in action as they take the stage with music, singing, and dance.



Keys of Joy

by SP Piano Ensemble, Singapore Polytechnic

3pm – 5pm
ICU and JCH Wards

For Inpatients

For Public

5:30pm – 6:30pm
Lobby, NTFGH, Tower B, Level 1

Enjoy an interactive session of live music and singing, specially organised for our patients by passionate musicians. Stay on for a soothing selection of piano favourites performed live in the hospital lobby.



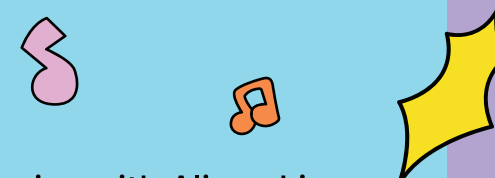
CHAIR-ished Movements

by Dementia & Co.

3pm – 5pm
NTFGH Wards

For Inpatients

Find your movement to the rhythm and lyrics with Alison Lim, Founder of Dementia & Co. From soft jazz to lively pop, this seated dance session invites patients of all abilities to move, sing along, and have fun together.



6 – 7 Oct,
Tues & Wed



Midday Music

by JurongHealth Campus Staff

12:30pm – 1:30pm
Opposite Ya Kun Kaya Toast
NTFGH, Tower A, Level 2

Cheer on our talented staff as they step into the spotlight to share their passions, hobbies, and interests in a joyful showcase.



7 Oct,
Wed



Paint & Stay

by students from Weyoung Songwriting Club, Hwa Chong Institution

Be among the first to hear two original songs, Paint and Stay, inspired by the stories and experiences of JCH patients. Written, composed, and performed by students from the Weyoung Songwriting Club, the songs will be presented live for the hospital community.

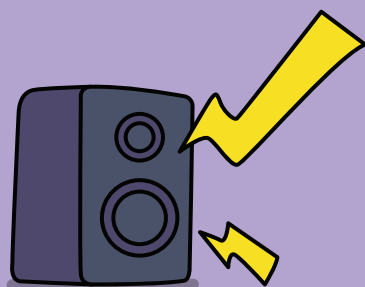
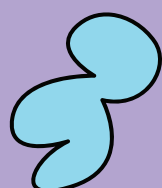
Stories & Melodies

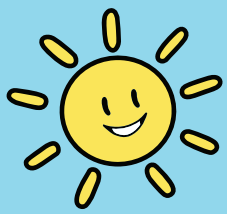
by PRESENCE Collective

3pm – 5pm
Community Hub
JCH, Tower C, Level 1

For Inpatients

Journey through patients' memories with everyday objects, photographs, and familiar tunes, sparking reminiscence, conversation, and imagination.





WORKSHOPS

Gather your friends and explore your creativity at our lunchtime workshops. Come and create, connect and have fun with us!

REGISTER FOR THE
WORKSHOPS HERE



Your Story in a Matchbox

by *Thirtytwocm*

1 October, Thursday

12pm – 2pm

Open area beside Huggs Coffee
NTFGH, Tower A, Level 2

Drop-in.

**The activity requires 15 – 20 minutes. Up to 50 participants. Materials available while stocks last, limited to one set per person.*

Design, decorate, and tell your story in an enlarged matchbox. Create a miniature world that reflects your unique identity and let your imagination take the lead. No two matchboxes will be the same!





The Big Broadway Sing-Together

with Broadway Belters SG

2 October, Friday

12pm – 1pm

Auditorium Foyer

NTFGH, Tower A, Level 1

**Up to 100 participants.*

Sing your heart out in this fun, feel-good vocal workshop inspired by the lively spirit of a pub choir. Learn simple vocal parts and come together to sing **Mamma Mia** in joyful harmony. No singing experience required—just bring your voice and energy!



Decorate with Decoupage

with Crafters Catherine Chong & Josephine Chua

5 October, Monday

Session 1: 12pm – 1pm

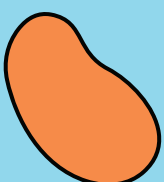
Session 2: 1pm – 2pm

Open area beside Huggs Coffee

NTFGH, Tower A, Level 2

**Up to 25 participants per session.*

Discover the joy of transforming everyday items with the traditional art of decoupage. Have fun decorating new pieces or giving old objects a fresh look with patterned paper and creative layering.





Fabric Stories: The Art of Kinusaiga

with Crafters Catherine Chong & Josephine Chua

6 October, Tuesday

Session 1: 12pm – 1pm

Session 2: 1pm – 2pm

Open area beside Huggs Coffee
NTFGH, Tower A, Level 2

Create your own fabric artwork inspired by personal memories or meaningful moments. Take a creative pause over lunch and discover the Japanese art of Kinusaiga, often described as “painting with fabric”.

**Up to 25 participants per session.*



Storytelling at Work

with Storyteller Wong Swee Yean, *Erudite Stories*

7 October, Wednesday

12:15pm to 1:15pm

Community Hub, JCH, Tower C, Level 1

Discover how stories can help us connect, build trust, and bring ideas to life. Join this interactive lunchtime workshop to pick up simple storytelling techniques you can use in your everyday conversations at work.

Up to 30 participants. **For staff only.*

