







# TAKE CHARGE OF YOUR HEALTH

# at BBE Community Health Resource Centre @ Nature View!

## We want to help you take charge of your health with:



Complimentary diabetes screening (non-fasting, finger-prick test)\*



Wise and Well Health Promoting Program



Health Resource Library

## \*Eligibility criteria for diabetes screening:



Singapore Citizen or Singapore Permanent Resident



At least 18 years old & above



Did not attend any health screening for diabetes for the past one year



Not previously diagnosed with prediabetes or diabetes



Not pregnant

in Bukit Batok)



a. Reside in Bukit Batok# OR
b. Be a first-degree relative (parents, siblings, children) of a Bukit Batok resident with diabetes (eligible relative(s) are not required to reside

Bukit Batok Central, Bukit Batok East, Bukit Batok South, Bukit Batok West, Bukit Gombak, Guilin, Hillview and Hong Kah North



Scan for more information about the Centre!



Monday to Friday: 9am - 6pm

Saturday: 8.30am - 12.30pm

Operating hours are subjected to change

**Operating Hours:** 

Scan to register for the diabetes screening!

#### Location:

289F Bukit Batok St 25 #01-134, S655289

### For appointment and enquiries:

Phone / WhatsApp: 9299 5384
Email: enquiries\_bbe\_chrc@nuhs.edu.sg

Walk-ins are welcome when staff are on-site. Priority will be given to those with appointments.

Staff may be off-site for outreach during operation hours. Please call or WhatsApp to confirm availability before visiting.

Supported by:

