

POST - OPERATIVE INSTRUCTIONS FOR PTERYGIUM SURGERY

What to expect post-surgery

- It is normal to experience a blurred vision after the surgery.
- A clear, watery discharge may leak from your operated eye for up to a few days after surgery.
- Your operated eye may be moderately red, sore, and sensitive to light. This will improve with time.
- The eyelid of your operated eye may be swollen for up to a week.

In the next 24hours after your surgery:

- **DO NOT** drive/ operate any machinery.
- **DO NOT** consume any alcoholic drinks.
- **DO NOT** make any important decision.

Caring for your eye

- You may resume normal daily activities, but do not rub on the operated eye.
- Do not apply eye make-up or moisturiser around operated eye for up to a week.
- Do not get water or soap into the operated eye for 2 weeks.

- Wear the clear plastic shield given to you to protect your eye as you sleep.
- Take the painkillers as prescribed to you.

Alert us if:

- You experience an aching or persistent pain in the eye even with painkillers.
- There is a sudden decrease/ clouding/ fogging in your vision.
- You experience persistent nausea or vomiting

Notes:

Ng Teng Fong General Hospital

1 Jurong East Street 21, Singapore 609606

OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: contactus@nuhs.edu.sg

OneNUHS Appointments: appointment@nuhs.edu.sg

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The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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