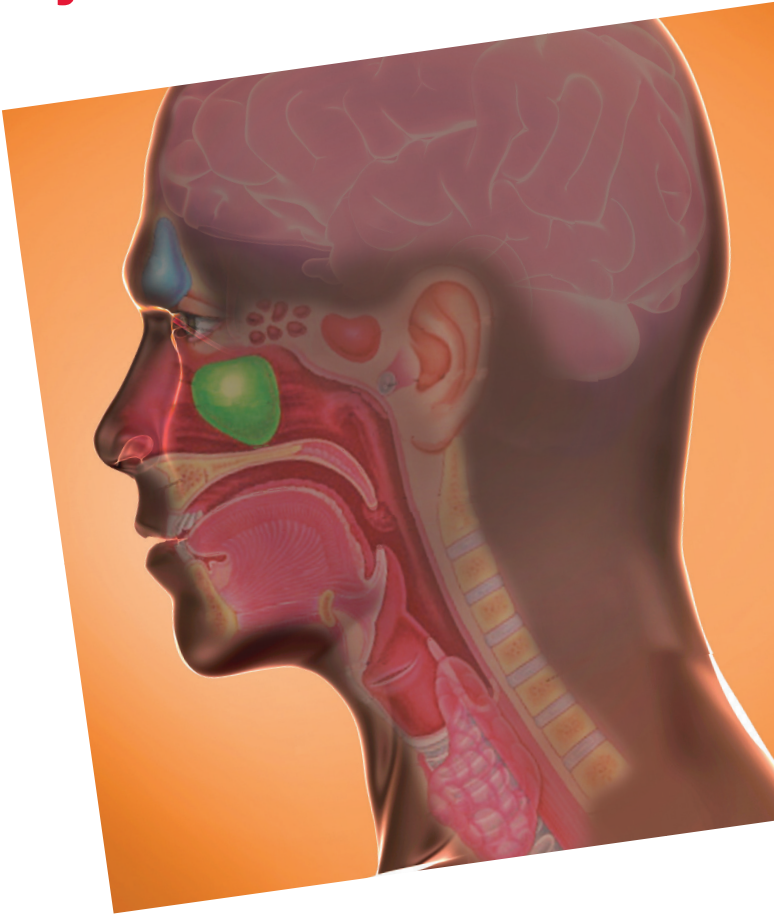


# Ear, Nose & Throat (ENT) - Head & Neck Surgery



The Department of Ear, Nose & Throat (ENT) - Head & Neck Surgery provides a wide range of surgical services for adult patients with ENT, head and neck diseases. Patients are referred from polyclinics, general practitioners, emergency services or transferred from other departments within the Ng Teng Fong General Hospital or other healthcare facilities, including nursing homes, community and other hospitals. Our team of highly-trained ENT-Head & Neck surgeons and allied healthcare professionals aim to provide the best possible care to our patients.

# Our services

## Rhinology (nose)

- Allergen-specific immunotherapy
- Allergic rhinitis management (nasal allergies)
- Diagnosis and surgery for nose tumours
- Epistaxis (nose bleeds)
- Management of acute and chronic sinusitis
- Management of nasal polyps
- Septorhinoplasty (correction of the external functional aspect of the nose, e.g. fixing of crooked nose)
- Skin prick test for allergen identification
- Treatment of blocked nose



## Head, neck and thyroid surgery

- Diagnosis and management of head and neck cancers
- Evaluation of suspicious lumps found in the head and neck region, e.g. enlarged lymph nodes, thyroid nodules, congenital lumps, etc.
- Fine Needle Aspiration Biopsy (FNAC)
- Major head and neck cancer surgery and reconstructive surgery
- Parotid surgery
- Thyroid and parathyroid surgery

## **Laryngology (throat and voice)**

- Diagnosis and management of voice disorders using videostroboscopy
- Fiberoptic Endoscopic Evaluation of Swallowing (FEES)
- Management of emergency/difficult airways including tracheostomy
- Medialisation thyroplasty for vocal cord paralysis
- Microsurgery of the vocal cords
- Neurodiagnostic testing and treatment using electromyography (in collaboration with the Neurology Department)
- Speech therapy services for patients requiring voice or swallowing therapy

## **Otology/audiology (ear)**

- Balance testing by our audiology service
- Counselling for patients with hearing loss and other disorders, e.g. tinnitus (ringing in the ears)
- Evaluation and treatment of dizziness and vertigo
- Hearing rehabilitation, e.g. hearing aids
- Hearing test and advice provided by our audiology team
- Surgical treatment for all types of ear conditions, e.g. chronic infection
- Surgical treatment to restore hearing in patients, e.g. cochlear implants and bone-anchored hearing aids
- Treatment of all ear conditions



## Snoring and obstructive sleep apnoea (OSA)

- Evaluation and treatment of patients with snoring and OSA
- Sleep study
- Surgical management of snoring and OSA
- Continuous positive airway pressure therapy (CPAP)
- Oral appliances

## Common ENT, head and neck procedures

- Adenoidectomy
- Functional endoscopic sinus surgery (FESS)
- Mastoidectomy
- Myringoplasty
- Myringotomy and ventilation tube insertion
- Septoplasty
- Septorhinoplasty
- Tonsillectomy
- Turbinate reduction surgery
- Uvulopalatopharyngoplasty



# Other head and neck procedures and operations

- Head and neck cancer surgery
- Lymph node excision biopsy
- Neck dissection surgery
- Parotidectomy
- Reconstructive surgery
- Thyroidectomy

**Notes:**

## For more information

### Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

[www.ntfgh.com.sg](http://www.ntfgh.com.sg) | [www.jch.com.sg](http://www.jch.com.sg)

### Clinic opening hours

Monday – Friday: 8.30am – 5.30pm

Saturday: 8.30am – 12.30pm (Selected clinics only\*)

Dental Clinic: Monday – Thursday: 8.00am – 5.30pm, Friday: 8.00am – 5.00pm

\*Please refer to our websites for more details.

### General enquiries & appointments

General enquiries line: 6908 2222 (24-hr)

Fax: 6716 5500 | Email: [contactus@nuhs.edu.sg](mailto:contactus@nuhs.edu.sg)

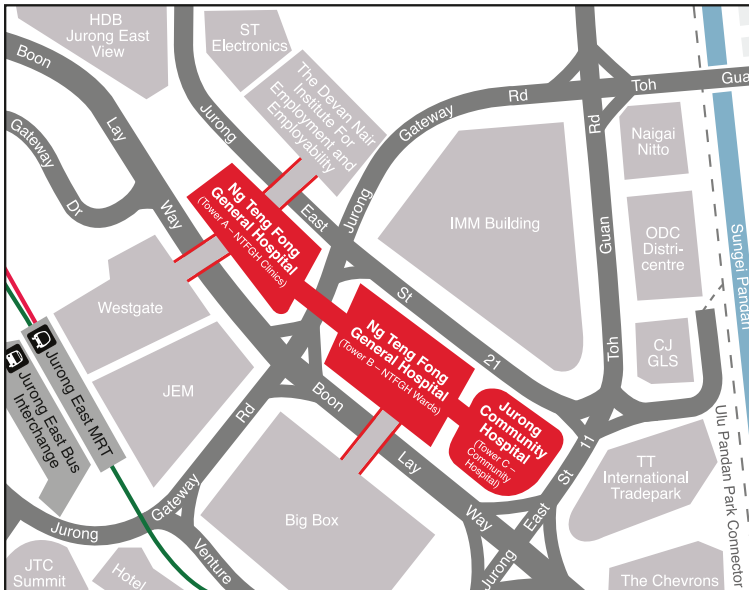
Appointment line: 6908 2222 (Monday – Friday: 8.00am – 5.30pm, Saturday: 8.00am – 12.30pm)

Fax: 6716 2200 | Email: [appointment@nuhs.edu.sg](mailto:appointment@nuhs.edu.sg)

Dental appointment line: 6716 2233 (Monday – Friday: 8.00am – 5.30pm)

Fax: 6716 2200 | Email: [JHCampus\\_Dental@nuhs.edu.sg](mailto:JHCampus_Dental@nuhs.edu.sg)

## Getting there



### By train

Alight at Jurong East MRT Station

### By bus

#### Jurong East Bus Interchange

41, 49, 51, 52, 66, 66B, 78, 78A, 79, 79A, 97, 97E, 98, 98M, 105, 143, 143M, 160, 160A, 160M, 183, 183B, 197, 333, 334, 335, 506

#### Along Boon Lay Way

49, 99, 333, Private bus service 625, 990

### Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition. Information is accurate at the time of printing.