

Flexible Cystoscopy



The Urology service offers a comprehensive range of adult urologic care to patients, including advanced diagnostic, medical and surgical care for men and women. Our team of specialised urologists offer individualised care on general urological conditions, urologic cancers (bladder, kidney, penile, prostate and testicular), urinary stone disease, urinary tract infection, prostate diseases (benign prostatic hyperplasia and prostatitis), urinary incontinence for males and females, male infertility and blood in the urine (haematuria).

What is flexible cystoscopy?

Flexible cystoscopy is a relatively painless examination that makes use of a special fibre-optic telescope to inspect the bladder, urethra (the passage allowing you to pass urine) and in males, the inside of the prostate gland. During the procedure, a flexible cystoscope passes through the urethra and into the bladder.

Why is flexible cystoscopy required?

Flexible cystoscopy allows your doctor to see what is going on in the bladder and urethra. It is useful in seeing if there are stones in the bladder and to detect any changes in the bladder lining such as inflammation, infection, cancer or scarring. It is also used to detect for enlargement of the prostate gland in men.

During the procedure, your doctor can obtain tissue samples from the bladder (biopsy) or remove stents from a previous surgery.



What preparation is required?

No special preparation is required and you may eat and drink normally. Before the procedure, you may be asked to go to the toilet to empty your bladder.

What happens during the procedure?

You will be asked to lie down on your back. Try to relax as this will make the examination more comfortable. The urethra and surrounding areas will be washed with a mild antiseptic and draped in sterile towels. A topical anaesthetic gel will be applied to the urethra.

The cystoscope will be gently inserted into the urethra and sterile fluid will pass through a narrow channel within the cystoscope into the bladder. Because of this, you may feel the urge to pass urine during the procedure.

Flexible cystoscopy is a very short examination and takes between 5 to 10 minutes to perform. You may experience slight discomfort, but this is usually not painful.

After the procedure

The results from your cystoscopy will be available immediately and your doctor may discuss this with you.

Back home

Having a flexible cystoscopy will not affect normal activities, but it is important to increase your fluid intake over the next 24 hours to prevent an infection and clear up slight bleeding (if any). A mild burning sensation may be experienced over the next 24 to 48 hours when you pass urine.

TAKE NOTE

If you are unable to pass urine or experience burning pain, or heavy bleeding that does not go away, please contact our clinic during our operating hours. You may also visit a GP or an **Emergency Department** if you experience these symptoms outside our operating hours.

Appointment

Name:

Age:

Gender:

Appointment Date:

Appointment Time:

Venue: Urology Clinic (Tower A - NTFGH Clinics),
Ng Teng Fong General Hospital

For more information

Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

www.ntfgh.com.sg | www.jch.com.sg

Clinic opening hours

Monday – Friday: 8.30am – 5.30pm

Saturday: 8.30am – 12.30pm (Selected clinics only*)

Dental Clinic: Monday – Thursday: 8.00am – 5.30pm, Friday: 8.00am – 5.00pm

*Please refer to our websites for more details.

General enquiries & appointments

General enquiries line: 6908 2222 (24-hr)

Fax: 6716 5500 | Email: contactus@nuhs.edu.sg

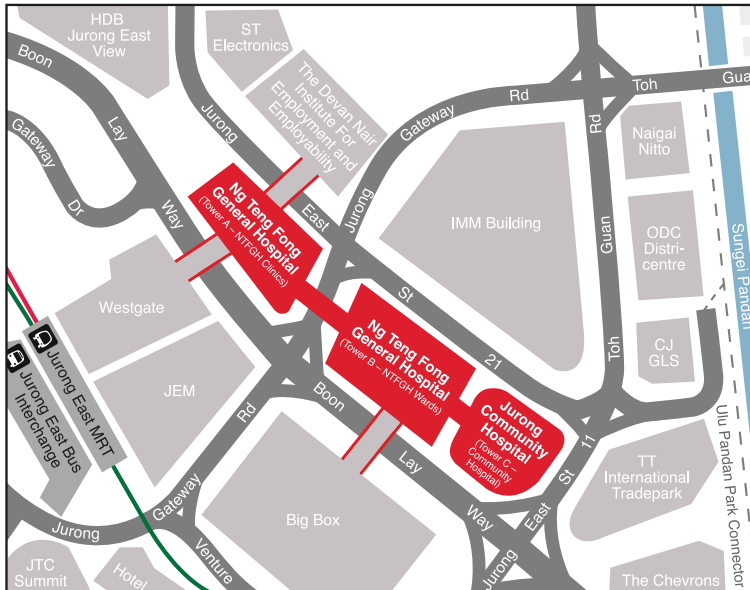
Appointment line: 6908 2222 (Monday – Friday: 8.00am – 5.30pm, Saturday: 8.00am – 12.30pm)

Fax: 6716 2200 | Email: appointment@nuhs.edu.sg

Dental appointment line: 6716 2233 (Monday – Friday: 8.00am – 5.30pm)

Fax: 6716 2200 | Email: JHCampus_Dental@nuhs.edu.sg

Getting there



By train

Alight at Jurong East MRT Station

By bus

Jurong East Bus Interchange

41, 49, 51, 52, 66, 66B, 78, 78A, 79, 79A, 97, 97E, 98, 98M, 105, 143, 143M, 160, 160A, 160M, 183, 183B, 197, 333, 334, 335, 506

Along Boon Lay Way

49, 99, 333, Private bus service 625, 990

Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition. Information is accurate at the time of printing.