

# Geriatric Services



The Geriatric Medicine Service provides both inpatient and outpatient specialist care for older persons aged **75 years and above**. We receive referrals from intra-hospital departments, polyclinics and general practitioners. Self-referrals may also be made at our outpatient clinics and will be considered as private referrals.



The elderly often have multiple chronic diseases with functional and psychosocial impairment. Hence we do a comprehensive geriatric assessment of all our patients and adopt a multi-disciplinary approach in the management, involving not just the doctors and nurses but the physiotherapists, occupational therapists, speech therapists, dietitians, pharmacists, podiatrists and medical social workers when necessary.

We provide specialist assessment and individualised holistic management for the elderly with medical problems such as:

- Bladder and bowel-control problems
- Memory, mood and behavioural problems
- Multiple falls or difficulty with walking

In addition, we also have a caregiver support group for loved ones taking care of their elderly parents or relatives with dementia.

## Specialist consultation

Each specialist assessment takes approximately an hour. Patients will first see a nurse for an initial interview before being given a detailed assessment by one of our doctors. The total clinic visit is estimated to be two hours.

On the day of your first appointment, please arrive 45 minutes before your appointment time and bring along the following items:

- Existing medications
- Medical reports
- Referral letter
- Spectacles
- Walking aid



## For more information

### Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

[www.ntfgh.com.sg](http://www.ntfgh.com.sg) | [www.jch.com.sg](http://www.jch.com.sg)

### Clinic opening hours

Monday – Friday: 8.30am – 5.30pm

Saturday: 8.30am – 12.30pm (Selected clinics only\*)

Dental Clinic: Monday – Thursday: 8.00am – 5.30pm, Friday: 8.00am – 5.00pm

\*Please refer to our websites for more details.

### General enquiries & appointments

General enquiries line: 6908 2222 (24-hr)

Fax: 6716 5500 | Email: [contactus@nuhs.edu.sg](mailto:contactus@nuhs.edu.sg)

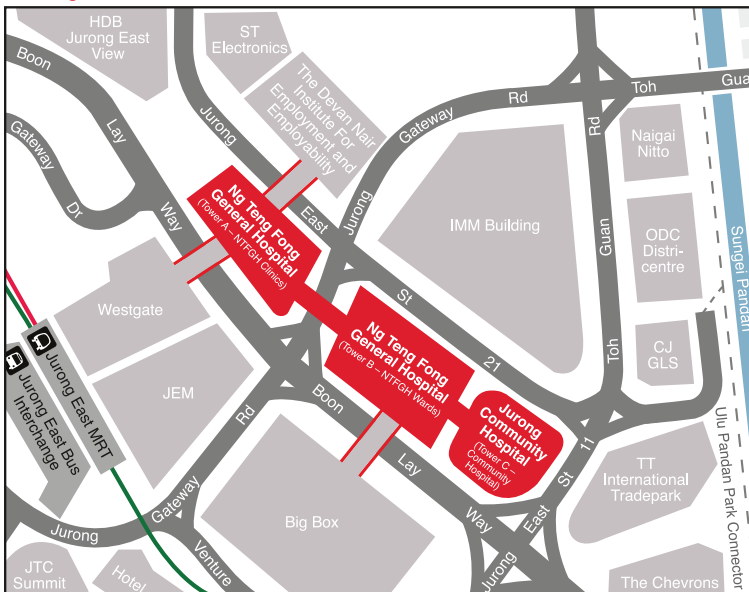
Appointment line: 6908 2222 (Monday – Friday: 8.00am – 5.30pm, Saturday: 8.00am – 12.30pm)

Fax: 6716 2200 | Email: [appointment@nuhs.edu.sg](mailto:appointment@nuhs.edu.sg)

Dental appointment line: 6716 2233 (Monday – Friday: 8.00am – 5.30pm)

Fax: 6716 2200 | Email: [JHCampus\\_Dental@nuhs.edu.sg](mailto:JHCampus_Dental@nuhs.edu.sg)

## Getting there



### By train

Alight at Jurong East MRT Station

### By bus

#### Jurong East Bus Interchange

41, 49, 51, 52, 66, 66B, 78, 78A, 79, 79A, 97, 97E, 98, 98M, 105, 143, 143M, 160, 160A, 160M, 183, 183B, 197, 333, 334, 335, 506

#### Along Boon Lay Way

49, 99, 333, Private bus service 625, 990

### Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition. Information is accurate at the time of printing.