

Rehabilitation Services



What is Jurong Community Hospital?

Jurong Community Hospital (JCH) is an intermediate care facility that supports patients with long term rehabilitation as part of their recovery process.

We facilitate patients' transition from medical dependence to functional independence. Through rehabilitation and other sub-acute services, we maximise a patient's functional ability to confidently perform activities of daily living. We also oversee their recovery process to ensure they are fit for discharge back into the community.

Who benefits from the JCH rehabilitation Services?

- Patients aiming for a higher level of independence or to return to work.
- Patients who have been assessed to have good rehabilitation potential.
- Patients with complex and/or multiple care needs, such as the elderly who have suffered from a stroke.
- Patients with conditions such as but not limited to fractures, lung and/or heart diseases infections and general decline in function.

What does JCH rehabilitation offer?

- Coordinated and continuous care to seamlessly integrate patients from acute care back into the community.
- Customised rehabilitation programmes to optimise potential for functional independence.
- Knowledge on caring for oneself and preventing a re-admittance into an acute care hospital.

JCH has a dedicated and multi-disciplinary care team who will engage patients, their families and/or other caregivers to tailor individualised care plans that are holistic and coordinated for a patient's care and recovery.



The multi-disciplinary team includes:

- Doctors
- Nurses
- Dietitians and Nutritionists
- Medical Social Workers
- Occupational Therapists
- Physiotherapists
- Podiatrists
- Speech Therapists

Outpatient rehabilitation

Our Outpatient Rehabilitation provides services to patients experiencing a decline in function as a result of an injury, illness or after a prolonged stay in the hospital. Goal-specific individual and group therapy programmes are available to improve a patient's quality of life.

A therapy gym with a comprehensive range of equipment and an outdoor mobility park will support a patient on their journey of rehabilitation and integration back into the community under the care of experienced therapists.

Additionally, an outdoor mobility park located next to the outpatient rehabilitation centre offers access to different terrains, slopes and stairs as well as transport carriages such as taxi, bus and MRT train to familiarise and prepare patients for discharge.

Inpatient rehabilitation

Our Inpatient Rehabilitation team comprises occupational therapists, physiotherapists and speech therapists, who formulate individualised rehabilitative exercises for patients through careful and in-depth assessments. Such exercises are tailored to suit individual needs and to help patients maximise functional recovery and reduce dependence on caregivers upon discharge.

Our services include home visits, prescription of aids and home modifications as well as community integration. We actively engage caregivers to be part of the care team and participate in activities such as caregiver training.

One-stop solution

Located within the link bridge on Level Two is the LIFE (Linkbridge Functional Enhancement) Hub that consists of a homecare solution pharmacy, mock-up of a HDB unit with modification ideas, and a training room. Visitors and patients can find useful information and equipment to support them on their care and recovery journey.

For more information

Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

General enquiries: 6716 2000 Fax: 6716 5500

www.juronghealth.com.sg

Clinical and appointment line hours (closed on Sundays and public holidays)

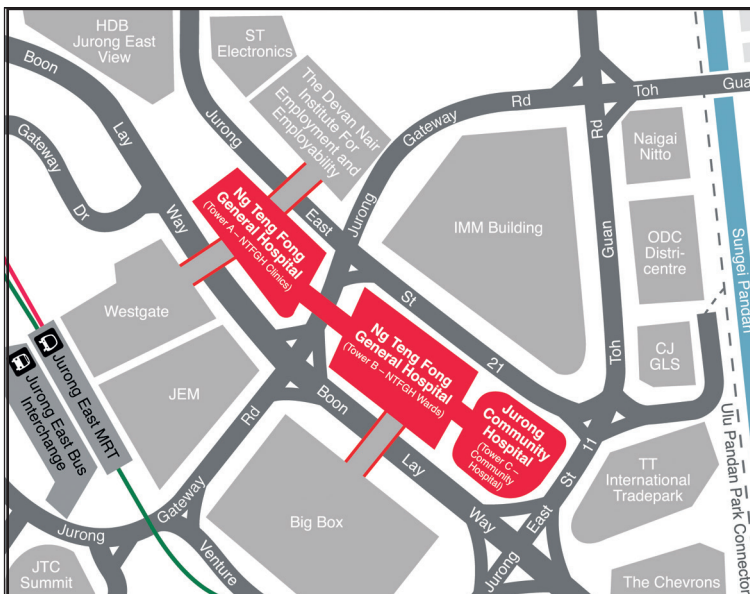
For appointments, please call 6716 2222

Monday - Friday 8.00am - 5.30pm, Saturday 8.00am - 12.30pm

For dental appointments, please call 6716 2233

Monday - Thursday 8.00am - 5.30pm, Friday 8.00am - 5.00pm

Getting there



By train

Jurong East MRT Station

By bus

From Jurong East Bus Interchange

SBS 51, 52, 66, 78, 79, 97, 97e, 98, 98M, 105, 143, 143M,

160, 183, 197, 333, 334, 335, 506

Along Boon Lay Way

SBS 99, Private bus service 625

Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition.