

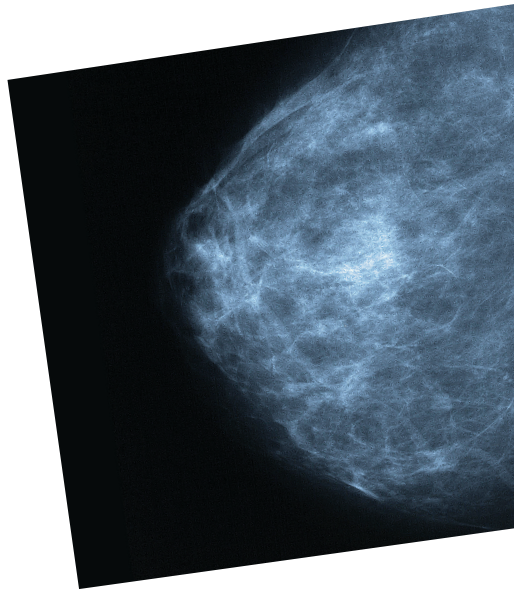
Mammography



The Department of Radiology provides a comprehensive range of imaging services, both diagnostic and image-guided interventional procedures to diagnose and treat many medical conditions. Using advanced imaging equipment, our qualified and experienced radiologists and radiographers perform a variety of examinations, from basic X-rays to more complex MRI and CT scans.

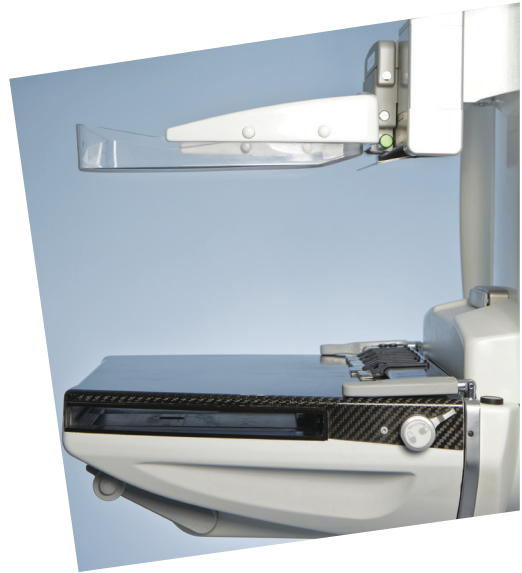
What is a mammography examination?

A mammography examination is a specialised examination of the breast using dedicated low dose X-ray equipment to visualise breast tissue. It obtains images from various angles of the breast under firm compression. Mammography aids in detecting and diagnosing breast diseases.



Is mammography safe?

The amount of radiation delivered to the breast is very low. The compression applied during a mammogram also lowers the amount of radiation a woman is exposed to.



What can I expect?

- The examination will be carried out by a female radiographer. Privacy will be ensured throughout the examination.
- Before the examination, a radiographer will ask you a few questions regarding your medical history.
- Palpation of your breasts may be done prior to performing the mammogram.
- During the mammographic examination, it is necessary to apply compression to the breasts (using a plastic plate) in order to obtain more detailed images of the breast tissue. The compression may be uncomfortable but it will last only for a few seconds.
- It generally takes 15 to 30 minutes to conduct a routine examination. If you have breast implants, or if additional views are required, the examination will take longer.
- Do not be concerned if the radiologist requests for additional views. This may be necessary for technical reasons or to obtain a better image of a particular area, to ensure an accurate diagnosis. Sometimes, an ultrasound examination may be done in conjunction with the mammogram.

How should I prepare?

- The appointment is usually booked after your menstrual period when the breasts are less likely to be tender.
- On the day of the examination, do not use talcum powder, body lotion or deodorant on the chest and underarms, as these will interfere with the X-rays.
- Please wear a two-piece outfit as you will need to undress from the waist up for the examination.



Important points to note

- Please inform the radiographer if you suspect that you may be pregnant.
- Please be punctual. Any delay will affect the scheduling of other patients, and your appointment may need to be rescheduled.
- Please inform the Radiology department at 6716 2001 if you are unable to keep the appointment.
- Please bring along all your old X-rays/reports for the appointment.

Appointment

Name:

Age:

Sex:

Examination:

Fee (estimated):

Appointment Date:

Appointment Time:

Referring SOC:

Venue: Radiology, Level 1, Tower A – NTFGH Clinics

Notes:

For more information

Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

www.ntfgh.com.sg | www.jch.com.sg

Clinic opening hours

Monday – Friday: 8.30am – 5.30pm

Saturday: 8.30am – 12.30pm (Selected clinics only*)

Dental Clinic: Monday – Thursday: 8.00am – 5.30pm, Friday: 8.00am – 5.00pm

*Please refer to our websites for more details.

General enquiries & appointments

General enquiries line: 6908 2222 (24-hr)

Fax: 6716 5500 | Email: contactus@nuhs.edu.sg

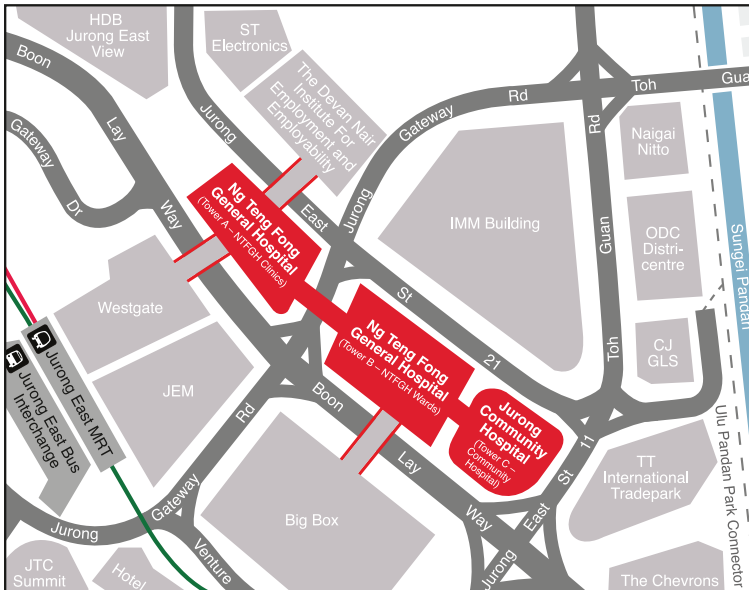
Appointment line: 6908 2222 (Monday – Friday: 8.00am – 5.30pm, Saturday: 8.00am – 12.30pm)

Fax: 6716 2200 | Email: appointment@nuhs.edu.sg

Dental appointment line: 6716 2233 (Monday – Friday: 8.00am – 5.30pm)

Fax: 6716 2200 | Email: JHCampus_Dental@nuhs.edu.sg

Getting there



By train

Alight at Jurong East MRT Station

By bus

Jurong East Bus Interchange

41, 49, 51, 52, 66, 66B, 78, 78A, 79, 79A, 97, 97E, 98, 98M, 105, 143, 143M, 160, 160A, 160M, 183, 183B, 197, 333, 334, 335, 506

Along Boon Lay Way

49, 99, 333, Private bus service 625, 990

Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition. Information is accurate at the time of printing.