

Acute Pain Services



The Anaesthesia department comprises doctors and nurses, whose primary role is to ensure a safe and pain-free journey for patients undergoing surgery. An anaesthesia specialist keeps a close watch over every patient in the Operating Theatre, offering patient care from pre to post-surgery. Our anaesthetists also support the Intensive Care Unit and Pain Service.

What is acute pain?

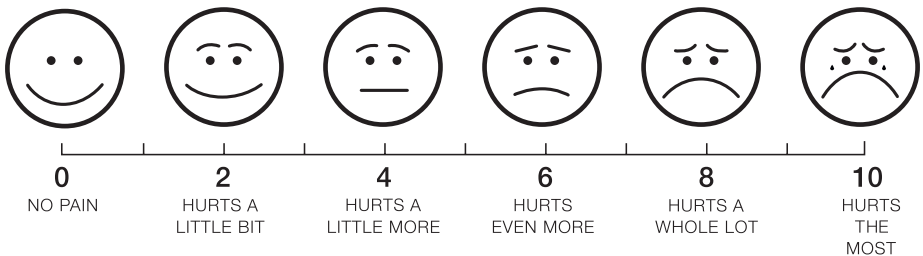
Pain is the most common symptom you will experience after an operation. Acute pain occurs suddenly and is caused by an impact or injury. Acute pain gets better as your wound heals but proper management is important to help you manage it well.

Caring for you

Our team of dedicated healthcare professionals comprising specialist anaesthetists, anaesthetic medical officers and acute pain specialist nurses helps you ease your pain and recover quickly and comfortably. This service is offered to patients around the clock, every day of the week. We visit you daily, treat your pain and involve you in every aspect of pain management.

What will I feel?

The best way to determine your level of pain is to hear it from you. How painful do you feel when you walk as compared to when you rest? Please refer to the pain assessment scale below to measure your pain:



Treating your pain

The following will be done to determine the best treatment for you:

- Pre-operative assessment and planning: done at the clinic or ward
- Specialist techniques, which include:
 - intravenous patient-controlled analgesia (pain relief which can be administered by the patient as a controlled dosage)
 - peripheral nerve analgesia (pain-relieving medicine delivered directly to the nerves to control the injured area)
 - epidural analgesia (pain-relieving medicine delivered to the spine)



Example of intravenous patient-controlled analgesia

- Medicine in the form of tablets, syrups and injections customised to treat mild, moderate or severe pain
- Medicine to prevent nausea and sickness
- Medicine to prevent/treat constipation

How can you help us?

- Inform us if you are on pain-relieving medication
- Let us know if you experienced any side effects or allergies from taking pain-relieving medications previously
- Share with us the effectiveness of earlier pain-relief medication
- Inform us of any concerns you have

For more information

Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

www.ntfgh.com.sg | www.jch.com.sg

Clinic opening hours

Monday – Friday: 8.30am – 5.30pm

Saturday: 8.30am – 12.30pm (Selected clinics only*)

Dental Clinic: Monday – Thursday: 8.00am – 5.30pm, Friday: 8.00am – 5.00pm

*Please refer to our websites for more details.

General enquiries & appointments

General enquiries line: 6908 2222 (24-hr)

Fax: 6716 5500 | Email: contactus@nuhs.edu.sg

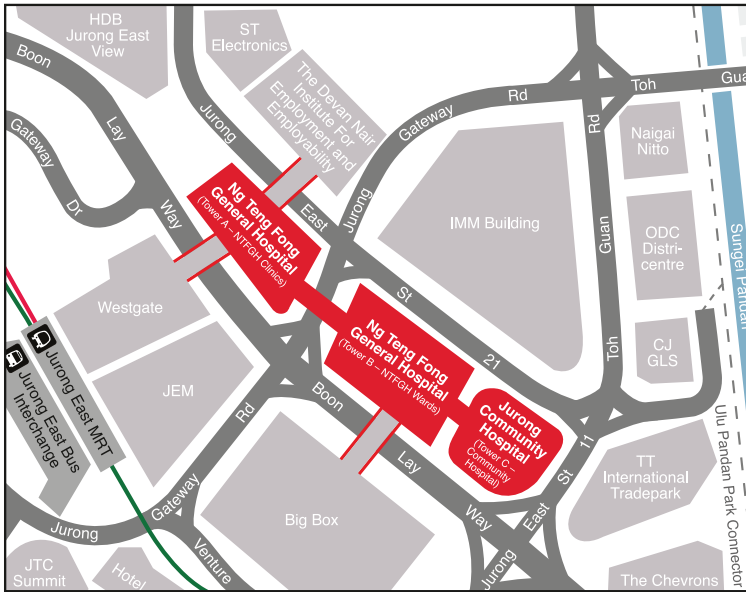
Appointment line: 6908 2222 (Monday – Friday: 8.00am – 5.30pm, Saturday: 8.00am – 12.30pm)

Fax: 6716 2200 | Email: appointment@nuhs.edu.sg

Dental appointment line: 6716 2233 (Monday – Friday: 8.00am – 5.30pm)

Fax: 6716 2200 | Email: JHCampus_Dental@nuhs.edu.sg

Getting there



By train

Alight at Jurong East MRT Station

By bus

Jurong East Bus Interchange

41, 49, 51, 52, 66, 66B, 78, 78A, 79, 79A, 97, 97E, 98, 98M, 105, 143, 143M, 160, 160A, 160M, 183, 183B, 197, 333, 334, 335, 506

Along Boon Lay Way

49, 99, 333, Private bus service 625, 990

Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition. Information is accurate at the time of printing.