

Psychiatry Services



The Department of Psychiatry assists patients with psychological problems, behavioural disorders and life's stressors to help them lead more fulfilling lives. We conduct assessments to help patients cope with psychiatric and psychological conditions in an inpatient or outpatient setting, and partner community mental health service providers to provide comprehensive, integrated and multi-disciplinary care to patients.

Conditions we treat

Depression

A medical illness that causes persistent sadness or feelings of loss, depression affects how we feel, think and behave. It can also lead to other emotional and physical problems.

Bipolar disorder

Bipolar disorder affects a person's mood, behaviour and activity levels. People with bipolar disorder often experience sudden increased energy, activity levels (mania or hypomania) and low moods accompanied by decreased energy and activity (depression).

Anxiety disorders

Anxiety is an uneasiness in the mind that arises when we encounter a frightening or threatening situation. We all experience some form of anxiety in our lives. In extreme cases, mood can be adversely affected and our daily function completely paralysed.



Anxiety disorder can come in the form of:

- Generalised Anxiety Disorder (GAD)
- Obsessive Compulsive Disorder (OCD)
- Panic Disorder
- Phobias

Adjustment and stress-related problems

At times, we find it hard to cope with unexpected stresses in life. Counselling and skills-training can be offered to help patients cope with different situations better.

Sleep problems

We also help individuals achieve a good night's rest through counselling and medication.

Psychosis

Psychosis develops when an individual loses contact of reality and cannot differentiate between fact or fantasy. They also tend to hold false beliefs about situations and cannot recognise familiar faces. They may suffer from hallucinations.



Geriatric psychiatry

We work with elderly patients to manage depression and diminished mental capacity so that they can embrace their golden years better.

For more information

Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

General enquiries: 6716 2000 Fax: 6716 5500

www.juronghealth.com.sg

Clinical and appointment line hours (closed on Sundays and public holidays)

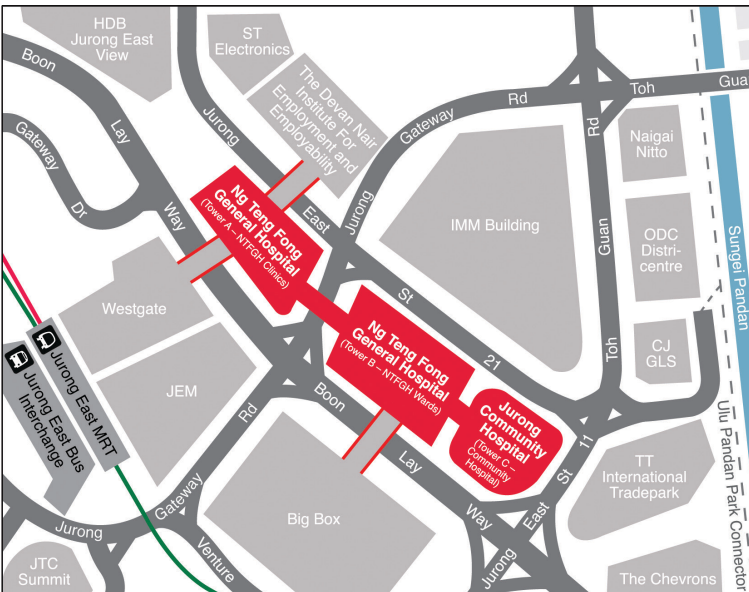
For appointments, please call 6716 2222

Monday - Friday 8.00am - 5.30pm, Saturday 8.00am - 12.30pm

For dental appointments, please call 6716 2233

Monday - Thursday 8.00am - 5.30pm, Friday 8.00am - 5.00pm

Getting there



By train

Jurong East MRT Station

By bus

From Jurong East Bus Interchange

SBS 51, 52, 66, 78, 79, 97, 97e, 98, 98M, 105, 143, 143M,

160, 183, 197, 333, 334, 335, 506

Along Boon Lay Way

SBS 99, Private bus service 625

Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition.