

ABOUT GERIATRIC ONCOLOGY

The Geriatric Oncology's **GOLDEN** programme is a one-stop centre for older adults diagnosed with cancer. Available at NUH and NTFGH, we provide a comprehensive range of medical services to support you in planning and managing your post-diagnosis journey.

On top of managing existing health conditions, we identify and treat conditions that may be more common in older adults (e.g. dementia and incontinence).

Support
for patients
and caregivers

Plan
cancer treatment
based on
your current
fitness level



Detect & Manage
health conditions and treatment plans



SCAN ME
TO VISIT OUR
WEBSITE

Contact us

For more information, visit www.ncis.com.sg/GO

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Singapore 119074
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Email: CancerApptLine@nuhs.edu.sg

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GOLDEN
Geriatric Oncology



Quality Cancer Care for Your Golden Years

A guide to the **GOLDEN** Programme

GOLDEN PROGRAMME

We understand that a cancer diagnosis can be overwhelming and life-changing. It is deeply personal and different for everyone. Our team understands this and knows that there is no one-size-fits-all solution when it comes to cancer.

Our multidisciplinary services include:

- 01** Comprehensive assessment of your medical, psychosocial and fitness needs
- 02** Developing a holistic treatment plan best suited for you
- 03** Providing timely, appropriate services and support throughout your cancer journey

WHAT SERVICES ARE THERE?



A **one-stop centre** that provides services such as nutrition assessment, medication review, physiotherapy, occupational therapy and psychosocial support.

AM I ELIGIBLE?

- I am a cancer patient aged 65 and above
- I am receiving treatment at NCIS

UNDERSTANDING THE JOURNEY

01

Upon cancer diagnosis, your doctor will discuss treatment options with you

02

Screening by a Geriatric Oncology Nurse

If suitable, you will be referred to the **GOLDEN** programme

03

Comprehensive Health Review

A detailed assessment of your medical, fitness, nutritional and psychosocial needs will be conducted

The **GOLDEN** team will then develop a tailored treatment plan just for you

04

Additional support during cancer treatment with follow up phone calls and clinic review by Geriatric Oncology team